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VIA FERRATA TRAINING

DACHSTEIN/RAMSAU

For members who have good hiking experience and are new to „Klettersteige/Via Ferratas“. You receive instructions for the use of the equipment technique and tactics on „Via Ferratas“ to attempt „Via Ferrata“ tours independently.

| TRAVEL DATE | MEMBERS | PRICES | DEAD LINE |
|---------------------|---------------|--|------------|
| 22.09. – 28.09.2024 | 5 - 6 persons | € 1.750,- (Members) € 1.890,- (Non Members) | 19.07.2024 |

PLANNED DAILY ROUTINE

The following is a typical schedule with the guide fine tuning the plan according to the prevailing weather conditions and the experience of the group:

- DAY 1:** Arrive in Salzburg/Austria either by train or flight. Train ride from Salzburg central station to Schladming (hourly Intercity train direction Graz). From here to take local bus 960 to get to Ramsau main square. From here you take a short taxi ride to the 4* Bio Hotel Feistererhof in Ramsau. Meet your guide. After dinner preview of the activities/routes for the whole week.
- DAY 2:** The guide helps members renting the Via Ferrata-Equipment at Sportgeschäft Ski-Willy. „Via Ferrata“ training: putting on harness, use of „Klettersteig Set“, standard operating procedures (sops) for „Via Ferratas“, how to move forward on a „Via Ferrata“, about various types of „Via Ferratas“. Planning the next day
- DAY 3:** „Via Ferrata“ educational trail, different elements on „Via Ferratas“ and risk factors. How to plan a „Via Ferrata“ tour. Planning the next day
- DAY 4:** „Via Ferrata“ training: how to read topos, climbing technique, first aid and rescue training. Planning the next day
- DAY 5:** „Via Ferrata“ Training: different aspects when moving on a „Via Ferrata“ as a group. Orientation with maps, topos, apps. Planning the next day
- DAY 6:** Time management on „Via Ferrata“ tours. Reflection on the week.
- DAY 7:** Farewell around 9 o'clock, transfer by bus/train to Salzburg Central Train Station or Salzburg Airport.

In the evening there will be theoretical units on various topics like orientation, how to read maps and topos, how to use apps, alpine dangers and alpine weather.



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CONTENTS

- ✓ Inspecting and caring for your gear and outdoor equipment
- ✓ Proper use of the gear
- ✓ About different kinds of Via Ferratas
- ✓ Difficulty ratings
- ✓ How to move on Via Ferratas as a group
- ✓ First aid and rescue training
- ✓ Planning a tour, alpine dangers, alpine weather
- ✓ Orientation with maps, topos, apps

PRE-REQUISITES

- ✓ 18 years of age
- ✓ Free from mental and physical handicap
- ✓ Fitness to hike up 700m in altitude with your backpack (about 6 kg)
- ✓ Sure footed in pathless and rough terrain
- ✓ Free from fear of height and vertigo



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EQUIPMENT RENTAL

Via Ferrata equipment can be rented at the following shop/place, we do the reservation for you!

Sportgeschäft Ski-Willy

8972 Ramsau am Dachstein, Schildlehen 83, Tel: +43 3687 81000, Email: info@ski-willy.at

Website: <https://www.ski-willy.at/shop/index.php?language=en>

Opening hours: MO – SA 08.30 – 18.00 / SO 09.00 – 17.00

Prices:

Complete Via Ferrata equipment set (incl. helmet): about € 130/6 days

SERVICES INCLUDED

- 6x overnight at 4* Bio Hotel Feistererhof in twin rooms
- Halfboard (breakfast and dinner)
- Free use of the seminar room
- Daily transport to/from the starting points of the „Via Ferratas“
- English speaking instructor from the Bergsteigerschule Alpenverein Edelweiss

SERVICES NOT INCLUDED

- Flights to/from Munich, Salzburg or Vienna
- Transfer to/from Ramsau am Dachstein
- Additional meals and beverages
- Personal expenses
- Local Taxes (about € 15)
- Cableways (Reiteralm, Dachstein)
- Travel insurance
- Via Ferrata equipment

BOOKING

The registration can be done directly with WELTbewegend Erlebnisreisen!

Contact details:

Telephone: +43 1 5138500-14 or 15

Email: info@weltbewegend.at

Website: www.weltbewegend.at