

equipment list

technical equipment

- Backpack approx. 40 liter
- Mountaineering boots, class B1, B2 or B3
- Crampons with antibott**, class C1, C2 (for B2 and B3 boots) or C3
- Climbing harness**
- Helmet**
- 2 Static cords**, 3 m length/5-6 mm diameter
- 1 Static cord**, 1,5 m length/5-6 mm diameter
- 1 Tape Sling 240cm**
- 1 Tape Sling 120cm**
- 3 HMS karabiner**
- 2 Karabiner (screw gate) **
- 3 Normal karabiners**
- 1 Belay device ** (Eg PETZL Reverso3, Black Diamond Guide)
- 1 Ice Axe** approx. 60cm
- 1 Ice screw** approx. 22 cm
- 1 Rope** (min 50m) for 4 persons

Emergency Equipment

- Bivy sack
- First aid kit - should include a survival blanket
- Pen knife
- Head torch with new batteries

Navigation

- Map from the area (Alpenvereinskarte)
- Guide book or alpenvereinaktiv tourdescription
- Altimeter
- Inclinator
- Smartphone with installed alpenvereinaktiv APP and snowsafe APP

Clothes

- Underwear and spare underwear (Synthetic, wool)
- Socks
- Pullover/Jacket (fleece, Softshell, wool)
- Mountaineering Trousers (Softshell, Gore Tex;..)
- Hardshell (waterproof Jacket and Trousers)
- Thin Down Jacket
- Hat/Bandana
- Thin gloves
- Thick and warm gloves (ski gloves)

Accommodation

- Toiletry (Including towel and soap when hut accommodation)
- Sheet sleeping bag (only when hut accommodation)
- Hut shoes (only when hut accommodation)
- Earplugs
- ÖAV membership card
- Cash (Euro)

Sun Protection

- Ski goggles fitting to helmet
- Sunglasses with dark glass
- Sun hat, Buff or shield cap
- Suncream (in. factor 35 and Lip cream)

Provisions

- Drinking bottle (approx. 1,5 liter, thermos)
- Snack food
- Writing materials

Extras

- Camera
- Binoculars
- Writing material

**.....rental equipment must be pre-booked at the Alpenverein-Akademie office